MEDIA RELEASE

22 November 2022



Plan your summer holidays with the updated National Public Toilet Map

The Continence Foundation of Australia is delighted to announce new updates to the National Public Toilet Map (NPTM), in preparation for the summer holidays.

The NPTM shows the location of more than 22,000 toilet facilities across Australia and has proven to be a useful resource for all Australians, especially those with incontinence, travellers, and young families. More than just a simple directory, the NPTM allows individuals to filter and search for specific toilet features, including opening hours, wheelchair accessibility and adult change facilities.

"The National Public Toilet Map is a useful website and app for everyone," says Rowan Cockerell, CEO of the Continence Foundation of Australia, "It is especially helpful for those who experience incontinence and would otherwise restrict themselves to familiar places, for fear of not having access to a toilet."

A recent update has seen two new functions being added to the map, improving functionality for users, and making it easier than ever to plan toilet stops whilst travelling.

The first update is 'specialty maps', a feature which allows users to create and then share custom maps via a unique URL or QR Code. Perfect for those who are travelling in groups or wanting to plan ahead, this function makes it effortless to share your map via email, text or social media.

The second update is 'distance by route', a feature which shows the quickest route to a facility, on foot or by car. When you look at the details of a toilet, this update ensures distances are based on factors such as one-way roads and building access.

Perfect for local adventures or long road trips around Australia, the new and improved NPTM allows users to travel in comfort knowing that finding the nearest toilet is as simple as using your smartphone.

The National Public Toilet Map can be accessed via <u>www.toiletmap.gov.au</u>, or by downloading the National Public Toilet Map app available on Google Play or the App store.

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Available for interview

- Janie Thompson, Clinical Services Manager, Continence Foundation of Australia
- Rowan Cockerell, CEO, Continence Foundation of Australia
- National Continence Helpline 1800 33 00 66 staff (Nurse Continence Specialists)
- Continence health professionals across nursing, physiotherapy, urology, gastroenterology
- People experiencing incontinence

About incontinence

Incontinence affects over 5 million Australians. It can range from a small leak to complete loss of bladder or bowel control. Help is available and, in most cases, incontinence can be better managed, treated or even cured.

The Continence Foundation of Australia is a not-for-profit organisation and the national peak body for incontinence prevention, management, education, awareness, information, and advocacy.

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