

# Continenence Foundation of Australia

## NDIS Telehealth Continenence Service - Victoria



The Continenence Foundation of Australia is a not-for profit organisation and the national peak body for incontinence prevention, management, education, awareness, information, and advocacy. With representation in each state and territory, we provide information, support, and resources for individuals, carers and professionals.

### Continenence Foundation of Australia has a NDIS Continenence Service based in Victoria.

This is mainly a telehealth service available to Australian residents of all ages and genders.

- We also offer a home-based catheter management service local to the Surrey Hills area in Melbourne
- Continenence assessments, therapy and reviews are conducted by Nurse Continenence Specialists who are Registered Nurses with qualifications and experience in continence assessment, management, and care

### What happens at a NDIS Continenence Assessment?

- Your Continenence Nurse will discuss your goals and what you would like to achieve because of your assessment
- Your Continenence Nurse will ask lots of questions about you and your bladder and/or bowel issues
- After your appointment, your Continenence Nurse will write a detailed report which will include recommendations, therapies, continence products and supports that will help you to achieve your goals
- Any suggested continence products, specific supports or therapy considered will be based on your individual situation and whether it is reasonable and necessary



### Funding for your Continenence Plan

- Continenence assessments, therapy and reviews are funded under Capacity Building – Improved Daily Living
- You will require a minimum of 5-6 hours for a full assessment, detailed continence report and continence product prescription. If your needs are complex or travel is necessary, then additional hours may be required
- Your Continenence Nurse may recommend a plan for ongoing therapy and reviews to better help you achieve your goals. This will require additional hours

If you would like to schedule an assessment or discuss your continence assessment needs, please contact us on:

☎ (03) 9816 8266    ✉ [info@continenencevictoria.org.au](mailto:info@continenencevictoria.org.au)

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