TEMPLATE LETTER TO YOUR LOCAL MEMBER

PLEASE NOTE: THE HIGHLIGHTED YELLOW SECTIONS HAVE BEEN CREATED FOR YOU TO INCLUDE YOUR OWN CONTENT. THEY PROVIDE A GUIDE FOR INFORMATION THAT YOU MIGHT INCLUDE. PLEASE DELETE THE HIGHLIGHTED YELLOW SECTIONS AND REPLACE WITH YOUR OWN TEXT.

[Title] [First name] [Last name]

[Position]

[Electorate Address]

[Suburb] [STATE] [Postcode]

[Email address]

Dear [Title] [Last name]

**SUBJECT: PLEASE PLEDGE YOUR SUPPORT FOR ACTION ON CONTINENCE CARE, SUPPORT AND PREVENTION**

I am one of the five million Australians impacted by incontinence. Incontinence is a problem with bladder and/or bowel control, and it affects Australians from childhood to older age. It is a condition that stands alone or can be associated with a wide range of medical conditions, lifestyle, and environmental factors.

INCLUDE SOME INFORMATION [CAN BE A COUPLE OF SENTENCES, A PARAGRAPH, OR UP TO A PAGE] ON YOUR EXPERIENCE LIVING WITH INCONTINENCE [EG. YOUR EXPERIENCE ACCESSING SERVICES, IMPACT OF LIVING WITH INCONTINENCE ON YOUR DAY-TO-DAY LIFE], or caring for someone with incontinence. IF NOTHING TO ADD, DELETE THIS PARAGRAPH.

There has been no National Continence Action Plan since 2014, but it is projected that by 2030, 6.2 million Australians will be living with incontinence. Now is the time for action on continence care, support, and prevention.

The next Federal Government has the chance to improve the lives of Australians living with incontinence, strengthen the health system, prevent, and reduce disease burden and save money long-term by improving access to specialist services and quality care and support.

The Continence Foundation of Australia has outlined three priorities for action:

1. national leadership for systemic change and evidenced based support and care

2. increase the availability of specialist continence services and trained health professionals

3. build the capability of the workforce across health, ageing and disability sectors to support people with incontinence.

These actions will help to ensure that people living with incontinence like myself are able to access services, quality healthcare and are able to live a healthy life.

I urge you to commit to support the millions of Australians impacted by incontinence by signing the Foundation’s pledge for action on incontinence at [www.continence.org.au/action-on-incontinence](file:///C%3A%5CUsers%5Cv.hooper%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CIWRNK97Z%5Cwww.continence.org.au%5Caction-on-incontinence).

Yours faithfully

FIRST NAME LAST NAME

ADDRESS

PHONE NUMBER