

CONTINENCE FOUNDATION OF AUSTRALIA NSW CONFERENCE
FRIDAY 7TH MAY 2021
DOCKSIDE SYDNEY, NSW

09:00	Opening and welcome	Jenny King
	Session 1	Chair: Jenny King
09.10	Toilet posture: what does the evidence say?	Tara O'Reilly
09.20	Aids for defecation in the elderly	Amy de Paula
09.30	Softeners, fibre supplements and laxatives; which ones, when?	Janet Candido
09.40	Beyond pelvic floor exercises; visceral manipulation	Ali Cromme
09.50	Alternatives to pelvic floor exercises - Pilates	Melissa Chapman
10 00	Alternatives to pelvic floor exercises - yoga	Aline Filipe
10.10	Questions	
10.30	Gold Sponsor Presentation	Independence Australia
10.35	Morning Tea & Exhibition	
	Session 2	Chair: Janet Candido
11.10	In utero and toddler voiding function	Liz Dally
11.20	Treatment resistant wetting in Adolescents- What's next... tips and tricks'	Sarah Kilgour
11.30	Impact of menarche and the menstrual cycle on bladder function	Jenny King
11.40	Impact of menopause on bladder function	Lucy Bates
11.50	Transitional urology	Ben Namdarian
12.00	Questions	
12.15	Lunch & Exhibition	
	Session 3	Chair: Tara O'Reilly
13.20	Renal calculi and dietary influence	George Szonyi
13.30	When do we investigate microscopic haematuria?	Audrey Wang
13.40	Risk of autonomic dysreflexia with continence	Kylie Wicks
13.50	How does sleep apnoea cause Nocturia?	George Szonyi
14.00	Does every colour on the dipstick matter?	Jenny King
14.10	Issues of long term SPC	Kylie Wicks
14.20	Questions	
14.40	Afternoon Tea & Exhibition	
	Session 4	Chair: Kylie Wicks
15.10	Sex and intimacy in the older woman	George Turner
15.20	Erectile dysfunction	Annette Rich
15.30	Intimacy after cancer; the why, how and when to address this challenge	Kate White
15.40	Sex after Spinal Cord Injury	Grace Leong
15.50	Sex after spinal cord injury- Case Study presentation	Candice Care-Unger/ Arlyn Owens
16.00	Questions/ Close of day	