Registration brochure

26th National Conference on Incontinence

The latest in incontinence research and practice

15–18 November 2017
International Convention Centre Sydney

continence.org.au
#CFAConference17
SCIENTIFIC COMMITTEE
Jenny King (Chair)
Donna Heggie
Tara O’Reilly
George Szonyi
Vincent Tse
Kylie Wicks

INTERNATIONAL FACULTY MEMBERS
Adrian Wagg (CAN)
Anthony Stone (USA)
Sylvia Botros (USA)
Suzanne Hagen (UK)

ORGANISING/SOCIAL COMMITTEE
Rowan Cockerell
Natascia Crisci
Mary Trezise

AUSTRALASIAN INVITED FACULTY MEMBERS
Gavriel Ansara
Ken Baker
Stuart Baptist
Patrina Caldwell
Elaine Cheong
Eric Chung
Joanna Dargan
Julie Dicker
Wendy Harris
Mary Hawkins
Cam Iaquinto
Janet Keast
Louise Kelly
Melissa Lim
Jane Manning
Kylie Mansfield
Shan Morrison
Gail Nankivell
Robyn Ryan
George Szonyi
Vincent Tse
Wendy Watts
Kylie Wicks

UGSA FACULTY MEMBERS
Chris Barry
Marcus Carey
Berie Haylen
Jenny King
Joe Lee
Chris Maher
Kate Moore
Alex Mowat
John Short
Nevine te West

CONFERENCE SECRETARIAT
Conference Organiser
Continence Foundation of Australia
Rowan Cockerell
Phone 03 9347 2522
Fax 03 9380 1233
Email r.cockerell@continence.org.au
L1, 30–32 Sydney Rd
BRUNSWICK VIC 3056

Exhibition/Registration Management
Conference Link
Ty Fleming
Phone 07 3851 4298
Fax 07 3851 1427
Email tdf@conferencelink.com.au
PO Box 42
FERNY HILLS DC QLD 4055

Selected photos are courtesy of ICC Sydney
© Continence Foundation of Australia 2017 | ABN 84 007 325 313
continence.org.au
Invitation from the President

Dear friends and industry colleagues,

It’s a pleasure, along with our organising team, to welcome and host you at our upcoming 26th National Conference on Incontinence in association with the UroGynaecological Society of Australasia (UGSA) on the 15–18 November 2017 at the prestigious International Convention Centre Sydney.

After nearly 10 years, this year’s conference is back in Sydney and we’re bringing together a renowned group of international and national leaders presenting current research in the field of incontinence and bladder, bowel and pelvic floor dysfunction.

With key international speakers including Dr Adrian Wagg from Canada, Dr Anthony Stone from the USA, Professor Suzanne Hagen from the UK and Dr Sylvia Botros from the USA, this truly multidisciplinary event will appeal to clinicians from a variety of specialties, as well as companies seeking to showcase their products and services.

Inclusive of a broad range of workshop themes and breakfast symposiums, the four-day program promises to deliver an interesting and varied range of topics, reflecting the continued diversity in the field. You will learn something new every day; we’ll give you hands on workshops and plenty of networking opportunities to mingle with your peers.

Join me in Sydney this November, with the conference providing us with an opportunity to grow our knowledge and skills and enjoy all that Sydney has to offer.

See you in November!

Michael Murray
President
Continence Foundation of Australia

Register online at secureregistrations.com/CFA2017
Destination

Sydney, New South Wales
Sydney, the capital of New South Wales and one of Australia’s largest cities, is best known for its harbour front Sydney Opera House, with a distinctive sail-like design. Massive Darling Harbour and the smaller Circular Quay port are hubs of waterside life, with the arched Harbour Bridge and Royal Botanic Garden nearby. See Sydney.com for things to do.

Conference venue
International Convention Centre Sydney
Located in the heart of Darling Harbour, ICC Sydney is easily accessible by public transport, including light rail, ferry and train and is only a 10 minute walk from Central and Town Hall train stations. Secure car parking is available and conveniently located within the Darling Harbour precinct.

ICC Sydney has multiple public access points with step-free access to every entertainment, exhibition and conference venue.

Green transport & access options

Ferry
Cruise into Darling Harbour on a ferry with direct services from Circular Quay, King Street Wharf or Pyrmont Bay Wharf.

Airport
Darling Harbour is only 8km from Sydney Airport.

Sydney Light Rail
The Light Rail travels right through a number of Darling Harbour stations including ICC Sydney’s stops, Convention Centre and Exhibition Centre. The Light Rail starts at Central Station in the CBD and travels to Dulwich Hill in the inner west.

Water Taxi
A Water Taxi is a great option for getting to and from Darling Harbour. Water Taxi’s depart from The Rocks, Circular Quay, the Opera House and Luna Park.

Train
A short walk from Central or Town Hall will take you directly to Darling Quarter, Tumbalong Park and Sydney Visitor Centre. Town Hall and Central Stations are a 10-minute walk from ICC Sydney.

Parking
ICC Sydney has two car park facilities located within the Exhibition Centre and ICC Sydney, comprising a total of 826 car spaces. Additionally, there are a number of secure car parks located in and around Darling Harbour, the closest located at Harbourside Car Park, 100 Murray Street, Pyrmont.

Bus
ICC Sydney has its own bus stop. Bus routes 389 and 501 stop at Harris Street near Allen Street – a 10-minute walk from ICC Sydney.

Taxi
The best taxi drop off and pick up locations include the new Iron Wharf Place next to Harbourside Shopping Centre and Zollner Circuit on the Southern end of ICC Sydney Theatre, both accessed via Darling Drive.
Keynote speakers

Adrian Wagg (Canada)

Dr. Adrian Wagg MB BS FRCP (Lond) FRCP (Edin) FHEA (MD) was appointed as Capital Health Endowed Professor of Healthy Ageing and Division Director for Geriatric Medicine at the University of Alberta in Edmonton, Canada in 2010. He has an academic interest in urinary incontinence, knowledge translation, and clinical effectiveness. He is recognised for his continence expertise both nationally and internationally. He has published over 200 peer reviewed articles, papers, chapters and other works in senior’s health and on the subject of urinary incontinence. His interests are in incontinence in the elderly, the effects of medication and co-morbidity on continence status, the epidemiology and aetiology of incontinence in the elderly in addition to community participatory research and education on healthy aging behaviours.

He is Joint Chairman of the International Consultation on Incontinence and the Chair of the Committee on management of incontinence in frail older people. He is President of the Canadian Continence Foundation, a national consumer focused not for profit organisation. He also holds a professorship at the Sahlgrenska Academy at Gothenburg University. He is also Scientific Director of the AHS Strategic Clinical Network for Seniors. He runs a multidisciplinary, research focused continence service in Edmonton in addition to his geriatric medicine duties.

Tony Stone (USA)

Tony Stone BSc, MB ChB, FRCSED, is Professor Emeritus at the Department of Urology at the University of California, Davis.

Born in London, Tony did his medical training at Edinburgh University and residency training in general surgery and urology in Edinburgh, Glasgow and Cardiff, UK. He completed subspecialist fellowship training in reconstructive urology at Duke University, NC from 1983–85. He began his faculty appointment at UC Davis, Department of Urology in 1985, with a focus on urological surgical practice, lower urinary tract reconstruction, neuourology, male incontinence and female urology.

His honors include, School of Medicine, Vice Chair of the Department, Chair of the Faculty Executive Committee, and internationally, Chair of the Society of Genitourinary Reconstructive Surgeons and Chairperson of the International Continence Society.

During his career, Tony has had the opportunity to teach and operate worldwide.

Sylvia M. Botros (USA)

Sylvia M. Botros (USA) MD, MSCI. Clinical Associate Professor, University of Chicago, Pritzker School of Medicine was raised in Texas and received her medical degree from the University of Texas, Houston. She completed her Obstetrics/ Gynecology residency at the University of Texas and completed her fellowship training in Female Pelvic Medicine and Reconstructive Surgery at Northwestern University in Chicago, IL. She currently serves as the fellowship director for the FPMRS program at the University of Chicago. She has published numerous papers in peer-reviewed journals, as well as presented her research findings at national and international meetings. She currently serves as the treasurer of the International Urogynecology Association (IUGA).

Suzanne Hagen (UK)

Professor Suzanne Hagen BSc, MSc, CSci, CStat, PhD is a researcher with an international reputation in systematic reviewing, trials and outcome measure development, particularly in relation to the interventions provided by nurses and allied health professionals. She has a long-standing interest in the conservative management of pelvic floor disorders such as incontinence and pelvic organ prolapse.

Her research experience has been gained over almost 30 years working in the NHS and academia as a statistician and health services researcher. Suzanne joined the NMAHP Research Unit in 1996. She is Deputy Director at the Unit since 2012, Director of the Unit’s Interventions Programme since 2001, and Professor of Health Services Research (2009). Her PhD on the clinical application of repeated measures statistical models to data on urinary incontinence was gained in 2006. She previously worked as statistician at Ayrshire and Arran Health Board (1994-1996) and the Institute for Occupational Medicine in Edinburgh (1990-1994), While working at the Health Services Research Unit, Aberdeen University (1988-1990), Suzanne undertook an MSc, analysing day surgery practice statistics in Scotland, and graduating in 1993. Her first degree was in Mathematical Sciences, graduating from the University of Paisley.
Workshops

Wednesday 15 November

Workshops are optional extras and are not included in the conference registration fee. Some workshops have limited numbers and are on a first come, first served basis. Please check the timing of the workshops so that your choices don’t overlap.

**Workshop 1**
This workshop is strictly limited to 16 participants. Bookings will be taken on a first come, first served basis. Only bookings with payment will be accepted.

**Time:** 8.30am - 12.30pm
**Cost:** $140.00
**Chairperson:** Kate Moore
**Title:** TRIPLE P - Practical, prolapse, pessary: a hands on practical workshop for vaginal devices for prolapse and urinary incontinence.

**Location:** Offsite at St Georges Hospital.

**Presenter:** Dr Emmanuel Karantanis

**Summary:**
- Introduction, anatomy and physiology, patient selection and ring selection, teaching patients how to self-insert, remove, long term data and trouble shooting.
- Group A - practical training of 2 rings with trainer and patient.
- Group B - discuss long term management, case studies.

**Workshop 2**

**Time:** 8.30am - 12.30pm
**Cost:** $100.00
**Facilitator:** Stuart Baptist
**Title:** Modern physiotherapy management of the post prostatectomy patient (transperineal ultrasound).

**Presenter:** Stuart Baptist

**Summary:**
- Male pelvic anatomy and the trauma inflicted by prostatic resection
- The use of Transperineal RTUS and demonstration using RTUS images
- Monitoring techniques
- Specific classification based interventions for continence training
- Q&A on pelvic floor training
- Penile rehabilitation.

**Workshop 3**

**Time:** 8.30am - 12.30pm
**Cost:** $70.00
**Chairperson:** Donna Heggie
**Title:** Life on the run: low anterior resection syndrome, management of faecal incontinence.

**Presenters:** Dr Christopher Byrne, Dr Caroline Wright, Mr Ian Whitely, Mrs Janet Candido

**Workshop 4**

**Time:** 8.30am - 12.30pm
**Cost:** $70.00
**Chairperson:** Patrina Caldwell
**Title:** An interdisciplinary approach to managing paediatric incontinence

**Facilitators:** A/Prof Patrina Caldwell (paediatrician); Ms Gail Nankivel (physiotherapist); Ms Caroline Walsh (continence nurse); Ms Melissa Lim (clinical psychologist)

**Summary:**
- Nocturnal enuresis – a case study of treatment resistant enuresis
- Daytime urinary incontinence – diagnosis, treatment options
- Faecal incontinence – a case study of constipation associated faecal incontinence, treatment and support

**Workshop 5**

This workshop is strictly limited to 20 participants. Bookings will be taken on a first come, first served basis. Only bookings with payment will be accepted.

**Time:** 8.30am - 12.30pm
**Cost:** $70.00
**Facilitator:** Jacinta Miller
**Title:** Writing for publication: ethics, authorship and navigating new media.

**Presenters:** Dr Joan Ostaszkiewicz, Dr Jenny Kruger, Jacinta Miller

**Summary:**
- Constructing a paper
- Introduction and discussion of elements required of a paper. Includes introduction to manuscript system, Scholar One
- Publication rules - Dr Joan Ostaszkiewicz
- Discussion of the rules of publishing research
- Publication ethics – Dr Jenny Kruger
- Discussion of the ethics of social media and advantages and disadvantages of online research publication.

**Workshop 6**

**Time:** 1.30pm - 5.00pm
**Cost:** $100.00
**Chairperson:** Ka Lai Shek
**Title:** Pelvic floor ultrasound imaging

**Presenters:** Hans Peter Dietz, Ka Lai Shek, Vivien Wong

**Summary:**
- Anterior compartment imaging including imaging of synthetic implants
- Posterior compartment imaging and obstructive defecation
- Anal sphincter imaging
- Imaging of birth trauma.

**Workshop 7**

**Time:** 1.30pm - 5.00pm
**Cost:** $70.00
**Chairperson:** Jenny King
**Title:** Urodynamics and cystoscopy 1.01: The mysterious world of cystoscopy and urodynamic studies revealed

**Presenters:** Vincent Tse, Sheena Lagat

**Summary:**
- Urodynamics – learn about it, understand when it may be useful, and how it can alter management.
- Cystoscopy – when and why is it necessary and what does the procedure involve?

**Workshop 8**

**Time:** 1.30pm - 5.00pm
**Cost:** $70.00
**Chairperson:** Janet Chase
**Title:** An overview of bowel dysfunction in children

**Presenters:** Dr Susan Adams, Dr Usha Krishnan, Dr Susie Gibb and Dr Janet Chase

**Summary:**
- Congenital anomalies, structural defects and neurogenic causes
- Metabolic/endocrine/dietary influences
- Functional constipation from toilet training to adolescence
- Management of bowel dysfunction.

---

**Continent Nurse Society of Australia (CoNSA) AGM & Dinner**

**When:** Wednesday 15 November
**Where:** Cook Cruises, King Street Wharf #1, Darling Harbour NSW 2000
**Vessel:** Sydney 2000
**Time:** 6.00pm sharp, set sail by 6.30pm. The event will conclude at 11.00pm. Attendees to make their own way to the wharf.
Breakfast symposiums

Thursday 16 November

<table>
<thead>
<tr>
<th>Breakfast Symposium 1</th>
<th>Sponsor</th>
</tr>
</thead>
</table>
| **Title**: Personalising continence care  
**Outline**: Good and individual continence care is fundamental for the well-being of many people who are challenged with incontinence. Coupling clinical expertise and technology gives us unprecedented opportunities to structure and target our care to the individual and personalize their every day.  
**Time**: 7.00am – 8.15am  
**Cost**: No charge |

<table>
<thead>
<tr>
<th>Breakfast Symposium 2</th>
<th>Sponsor</th>
</tr>
</thead>
</table>
| **Title**: Catheter selection and prescription: what the nurse needs to know  
**Outline**: Predominantly nurses are responsible for catheter selection. For improved clinical outcomes catheter selection needs to be evidence based and encompass not only the clients needs but also their lifestyle choices. This session will look at the evidence supporting catheter selection.  
**Time**: 7.00am – 8.15am  
**Cost**: No charge |

Friday 17 November

<table>
<thead>
<tr>
<th>Breakfast Symposium 3</th>
<th>Sponsor</th>
</tr>
</thead>
</table>
| **Title**: Big dilemmas and new developments in nocturia  
**Outline**: Nocturia is a multifactorial medical condition leading to poor sleep quality, reduced quality of life and decreased productivity. Sleep deprivation in particular has been associated with significant health problems, including obesity, diabetes and psychological conditions. This session explores the big dilemmas and new developments in nocturia and its impact on patient outcomes.  
**Time**: 7.00am – 8.15am  
**Cost**: No charge |

<table>
<thead>
<tr>
<th>Breakfast Symposium 4</th>
<th>Sponsor</th>
</tr>
</thead>
</table>
| **Title**: Male intermittent catheterisation: the evidence, best practice and what’s new  
**Outline**: Intermittent catheterisation has become a recommended way of treating men with retention issues since the 1970’s. But what does the recent evidence show us? How has practice changed and what have we learnt? Come to this engaging and informative breakfast to learn about the newest evidence around intermittent catheterisation, tips and best practices, and explore how products have evolved to better meet the challenges men face with their unique and challenging anatomy!  
**Time**: 7.00am – 8.15am  
**Cost**: No charge |
## Program

**Thursday 16 November**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.00am</td>
<td><strong>REGISTRATION</strong></td>
</tr>
<tr>
<td>8.30am</td>
<td>Welcome and Opening Remarks</td>
</tr>
<tr>
<td>8.40am</td>
<td>Welcome: Minister for Aged Care / Minister for Indigenous Health</td>
</tr>
<tr>
<td>8.55am</td>
<td>Robert Taylor Address: Why incontinence gets no respect: a multinational and multidisciplinary perspective</td>
</tr>
<tr>
<td>9.20am</td>
<td>Keynote speaker: Evolution of management of neurogenic LUT dysfunction over the last 40 years.</td>
</tr>
</tbody>
</table>
| 9.45am | Invited speaker: How can continence professionals meet the needs of women and men of trans experience and non-binary people? What do we need to know?"
| 10.05am| Invited speaker: Will I make my patient worse?: Cognitive safety of anticholinergic treatment of urinary incontinence |
| 10.30am| **MORNING TEA**                                                      |
| 11.00am| Keynote speaker: LUTS and falls in women                              |
| 11.20am| Invited speaker: How old is too old for continence surgery - what is happening in Australia? |
| 11.40am| Keynote speaker: Pelvic Floor Exercises for the prevention and treatment of Prolapse – a Cochrane review |
| 12.00pm| Abstract: Transforming women’s pelvic floor health                   |
| 12.14pm| Abstract: Optimising uptake and implementation of pelvic floor muscle training exercise programs for people with urinary incontinence: a qualitative study |
| 12.21pm| Abstract: Urinary incontinence and work productivity in the nursing and midwifery workforce |
| 12.28pm| Abstract: Help-seeking behaviour for pelvic floor dysfunction in women over 55 years of age: the drivers, barriers and presence of dysfunction. |
| 12.35pm| Abstract: The prevalence of urinary incontinence in adult netball players in South Australia |
| 12.42pm| Abstract: Effect of a general exercise program on pelvic floor symptoms in patients with gynaecological cancer: a pilot study |
| 12.49pm| Q&A                                                                 |
| 1.00pm | **LUNCH**                                                            |
## Program

**Thursday 16 November**

### PLENARY SESSION 3: DIFFICULT BLADDERS

**Chairpersons:** Kate Moore & Ian Tucker

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 2.00pm| Invited speaker: The SPARC program: electrical manipulation of the autonomic nervous system for urological dysfunction  
Janet Keast                  |
| 2.20pm| Invited speaker: The underactive bladder - complicating management of LUTS  
Vincent Tse                  |
| 2.40pm| Keynote speaker: Peripheral tibial nerve stimulation for urinary incontinence  
Suzanne Hagen                |
| 3.00pm| Invited speaker: Botulinum toxin v sacral neurostimulation - who should have which treatment?  
Jane Manning                 |
| 3.20pm| Abstract: Anorectal function following brachytherapy  
Vicki Patton                 |
| 3.30pm| AFTERNOON TEA                                                            |

### PLENARY SESSION 4: NDIS

**Chairpersons:** Lisa Wragg & Donna Heggie

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 4.00pm| Invited speaker: The changing landscape of the NDIS and continence funding  
Ken Baker                  |
| 4.15pm| Invited speaker: Continence management and support - what have we learnt so far?  
Mary Hawkins                |
| 4.35pm| Invited speaker: Participants understanding of their continence needs both urinary and faecal and their understanding: how to get a continence assessment under NDIS  
Kylie Wicks                 |
| 4.50pm| Invited speakers: The lived experience of the NDIS  
Wendy Harris  
Cam Iaquinto  
Robyn Ryan                  |
| 5.15pm| PROGRAM CONCLUDES                                                        |
| 5.30pm| CONTINENCE FOUNDATION OF AUSTRALIA ANNUAL GENERAL MEETING               |
| 6-8.00pm| WELCOME RECEPTION                                                        |
### Program

**Friday 17 November**

#### PLENARY SESSION 5: HOT TOPICS IN MEN’S HEALTH

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30am</td>
<td>Keynote speaker: Male incontinence – the surgical approach</td>
<td>Tony Stone</td>
</tr>
<tr>
<td>8.55am</td>
<td>Invited speaker: Understanding multi symptom presentation in chronic pelvic pain</td>
<td>Shan Morrison</td>
</tr>
<tr>
<td>9.20am</td>
<td>Invited speaker: Continence &amp; erectile dysfunction post-prostatectomy</td>
<td>Stuart Baptist</td>
</tr>
<tr>
<td>9.45am</td>
<td>Invited speaker: Sexual dysfunction after radical prostatectomy</td>
<td>Eric Chung</td>
</tr>
<tr>
<td>10.10am</td>
<td>Abstract: Ageing men living with artificial urinary sphincter – a reason for concern?</td>
<td>Karina So</td>
</tr>
<tr>
<td>10.17am</td>
<td>Abstract: Urethroplasty for treatment of male urethral strictures: outcomes in an Australian centre</td>
<td>Vincent Tse</td>
</tr>
<tr>
<td>10.21am</td>
<td>Abstract: Longitudinal study of lower urinary tract symptoms and voiding parameters in elderly males - the Concord Health and Ageing in Men Project (CHAMP)</td>
<td>Lewis Chan</td>
</tr>
</tbody>
</table>

#### PLENARY SESSION 6: UPDATE ON UTIs

**Chairpersons: Kylie Wicks & Mike Whishaw**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00am</td>
<td>Invited speaker: Pathophysiology and microbiome</td>
<td>Elaine Cheong</td>
</tr>
<tr>
<td>11.20am</td>
<td>Keynote speaker: Evidence for catheter washouts for long term catheters</td>
<td>Suzanne Hagen</td>
</tr>
<tr>
<td>11.40am</td>
<td>Invited speaker: KNoW catheter associated urinary tract infections (CAUTI)</td>
<td>Wendy Watts</td>
</tr>
<tr>
<td>12.00pm</td>
<td>Invited speaker: Cytokines and intracellular uropathogens – scientific aspects</td>
<td>Kylie Mansfield</td>
</tr>
<tr>
<td>12.20pm</td>
<td>Invited speaker: Cytokines and intracellular pathogens – clinical aspects</td>
<td>Kate Moore</td>
</tr>
</tbody>
</table>

#### PLENARY SESSION 7: UGSA – PELVIC FLOOR SUPPORT

**Chairpersons: Joe Lee & Jenny King**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00am</td>
<td>Invited speaker: Does hysterectomy predispose to later prolapse?</td>
<td>Chris Barry</td>
</tr>
<tr>
<td>11.20am</td>
<td>Keynote speaker: Uterine preservation with prolapse surgery – help or a hindrance?</td>
<td>Sylvia Botros</td>
</tr>
<tr>
<td>11.40am</td>
<td>Invited speaker: What is the evidence for robotic pelvic floor repair?</td>
<td>Marcus Carey</td>
</tr>
<tr>
<td>12.00pm</td>
<td>Invited speaker: Is colposacropexy an option for the elderly patient?</td>
<td>Chris Maher</td>
</tr>
<tr>
<td>12.20pm</td>
<td>Invited speaker: Does hysterectomy increase the risk of urinary incontinence?</td>
<td>John Short</td>
</tr>
</tbody>
</table>

12.40pm   | Q&A                                                                   |                                                                                     |

1.00pm    | LUNCH                                                                 |                                                                                     |

Continued...
## Program
**Friday 17 November**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Abstract</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.00pm</td>
<td><strong>PLENARY SESSION 8:</strong> MORE DIFFICULT ISSUES <strong>Chairpersons:</strong> Ian Tucker &amp; Shan Morrison</td>
<td>Invited speaker: What do we know about chronic pelvic pain? Janet Keast</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Invited speaker: Long term catheters - do we really need to monitor for malignancy? Joanna Dargan</td>
</tr>
<tr>
<td>2.40pm</td>
<td><strong>PLENARY SESSION 9:</strong> UGSA – THE OVERACTIVE BLADDER <strong>Chairpersons:</strong> John Short &amp; Marcus Carey</td>
<td>Keynote speaker: What is the place for the Mitrofanoff procedure? Tony Stone</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Keynote speaker: Urinary incontinence in stroke patients - what are the implications? Adrian Wagg</td>
</tr>
<tr>
<td>3.00pm</td>
<td></td>
<td>Invited speaker: Bowel Irrigation Louise Kelly</td>
</tr>
<tr>
<td>3.30pm</td>
<td><strong>PLENARY SESSION 10: NON-SURGICAL MANAGEMENT AND TREATMENT OPTIONS</strong> <strong>Chairpersons:</strong> Janie Thompson &amp; George Szonyi</td>
<td>Keynote speaker: Abdominal massage for constipation Suzanne Hagen</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Invited speaker: Relationships between severity of urinary incontinence and physical activity levels in patients who have undergone a general exercise program following prostatectomy Kuan Lin</td>
</tr>
<tr>
<td>4.00pm</td>
<td><strong>PLENARY SESSION 11: UGSA – LET’S TALK SENSE ABOUT MESH</strong> <strong>Chairpersons:</strong> John Short &amp; Alex Mowat</td>
<td>Keynote speaker: Transvaginal mesh – the US situation Sylvia Botros</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Invited speaker: Bowel Irrigation Louise Kelly</td>
</tr>
<tr>
<td>4.15pm</td>
<td></td>
<td>Invited speaker: The role of histamine in modulating urothelial contractile activity Christian Moro</td>
</tr>
<tr>
<td>4.44pm</td>
<td></td>
<td>Abstract: Patient reported Outcome Measures for Nocturia Wendy Bower</td>
</tr>
<tr>
<td>4.51pm</td>
<td></td>
<td>Abstract: Efficacy and outcome of the polyacrylamide urethral bulking agent (Bulkamid®) in the treatment of stress urinary incontinence in an Australian population Athina Pirpiris</td>
</tr>
<tr>
<td>5.00pm</td>
<td>PROGRAM CONCLUDES</td>
<td></td>
</tr>
<tr>
<td>7.00pm</td>
<td>PRE-DINNER DRINKS – ICC SYDNEY BALLROOM</td>
<td></td>
</tr>
<tr>
<td>7.30pm</td>
<td>CONFERENCE DINNER – ICC SYDNEY BALLROOM</td>
<td></td>
</tr>
</tbody>
</table>
# Program
## Saturday 18 November

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.45am</td>
<td><strong>REGISTRATION</strong></td>
<td></td>
</tr>
<tr>
<td>9.00am</td>
<td><strong>PLENARY 12: PAEDIATRICS</strong></td>
<td>Chairpersons: Janet Chase &amp; Wendy Bower</td>
</tr>
<tr>
<td></td>
<td><strong>Invited speaker:</strong> Tips &amp; tricks in the diagnosis and management of paediatric urinary incontinence</td>
<td>Patrina Caldwell</td>
</tr>
<tr>
<td>9.15am</td>
<td><strong>Invited speaker:</strong> Tips &amp; tricks in sticking to treatments for kids who wet – A behavioural approach to handling treatment resistance in paediatric incontinence</td>
<td>Melissa Lim</td>
</tr>
<tr>
<td>9.30am</td>
<td><strong>Invited speaker:</strong> Tips &amp; tricks in managing kids with incontinence – a physiotherapy approach</td>
<td>Gail Nankivell</td>
</tr>
<tr>
<td>9.45am</td>
<td><strong>Invited speaker:</strong> Management of the neurogenic bladder</td>
<td>Julie Dicker</td>
</tr>
<tr>
<td>10.00am</td>
<td><strong>Abstract:</strong> Adolescent Incontinence</td>
<td></td>
</tr>
<tr>
<td>10.07am</td>
<td><strong>Abstract:</strong> An interactive eHealth program in the home for managing urinary incontinence in children</td>
<td>Patrina Caldwell</td>
</tr>
<tr>
<td>10.14am</td>
<td><strong>Abstract:</strong> Do we measure post void residual urine in children accurately?</td>
<td>Janet Chase</td>
</tr>
<tr>
<td>10.21am</td>
<td><strong>Q&amp;A</strong></td>
<td></td>
</tr>
<tr>
<td>10.30am</td>
<td><strong>MORNING TEA</strong></td>
<td></td>
</tr>
<tr>
<td>11.00am</td>
<td><strong>PLENARY 13:</strong></td>
<td>Chairpersons: Jenny King &amp; Chris Barry</td>
</tr>
<tr>
<td></td>
<td><strong>Keynote speaker:</strong> Incontinence in the frail elderly: report from the 6th International Consultation on Incontinence</td>
<td>Adrian Wagg</td>
</tr>
<tr>
<td>11.25am</td>
<td><strong>Keynote speaker:</strong> Urodynamics – what do we do when the result doesn’t match the symptoms?</td>
<td>Tony Stone</td>
</tr>
<tr>
<td>11.50am</td>
<td><strong>Keynote speaker:</strong> Genetic and non-genetic factors associated with stress urinary incontinence in women</td>
<td>Sylvia Botros</td>
</tr>
<tr>
<td>12.15pm</td>
<td>Closing remarks</td>
<td>Michael Murray</td>
</tr>
<tr>
<td>12.30pm</td>
<td><strong>CONFERENCE CONCLUDES</strong></td>
<td></td>
</tr>
<tr>
<td>12.30pm</td>
<td><strong>LUNCH</strong></td>
<td></td>
</tr>
</tbody>
</table>

APA members will earn one MCPD point per hour of participation

Australia College of Nursing CPD points have been applied, and, to be confirmed in the conference handbook.
Trade exhibition

We have a large industry exhibition this year. Our trade representatives have again been fully supportive of this conference. Take this great opportunity to visit suppliers to this industry all under the one roof.

To date, we have the following companies attending:

3M
Abena
Allergan
Asaleo Care – TENA
Astellas
B Braun
Bard Medical
BrightSky Australia
Cello
CH2
Coloplast
ConvaTec
Ego Pharmaceuticals
Ferring Pharmaceuticals
Hartmann

Hollister
Independence Australia
JA Davey
Key Pharmaceuticals
Kimberly-Clark
Medline
Medtronic
Multigate Medical Devices
Nice Pak Products
Norgine
Ontex Australia
Paralogic
Staples
Unicharm Australasia
Wellspect Healthcare
**Conference information**

**ACCOMMODATION**

We have secured block bookings for conference attendees at Oaks Goldsborough, Park Royal, Novotel Darling Harbour, Ibis and Holiday Inn Darling Harbour and Seasons Hotel. To access our block booking rate, bookings for these hotels must be made through the registration form. The hotels will not take direct bookings for delegates. Full payment is required with booking. Please book early to ensure your accommodation needs are met. Rooms are only held until 6.00pm on the day of your arrival. Please indicate an approximate arrival time on the registration form.

Please note that the balance of hotel incidentals is to be paid on checkout.

**AWARDS**

**Carer of the Year Award**

This special award will be presented during the conference dinner and we are delighted that Paul Hartmann Pty Ltd will sponsor this year’s award.

**Best Paper & Best Poster Awards**

The Best Paper and Best Posters prizes will be presented – sponsored by Norgine.

**Industry Awards**

Presentations to industry supporters and sponsors will also be held during the Conference Gala Dinner.

**CANCELLATION POLICY & DISCLAIMER**

The Continence Foundation of Australia understands that circumstances can change. At any point prior to the event you are welcome to contact the secretariat in writing to nominate a substitute delegate at no extra charge. Cancellations received 90 days before the event will attract a $75 administration fee, 30 days prior to an event will receive a 50% refund, 14 days prior to the event will receive no refund. The information contained in this brochure is correct at the time of going to print. The committee reserves the right to change, without notice, any part of the program and the speakers. Hotel cancellations are subject to the hotel cancellation policy.

**SYDNEY CLIMATE**

In November, the average daytime temperatures in the city are generally around 20°C and high temperatures can hit a balmy 24°C on some days which can feel rather hot. The average minimum temperatures generally tend to stay above 16°C throughout the month. Sydney also experiences a good amount of sunshine in November.

**DIETARY REQUIREMENTS**

We will endeavour to accommodate special dietary needs. Please indicate on the registration form if you require special meals (i.e. vegan, vegetarian, lactose, gluten). Please also advise if you have an allergy to any foods or preparations. This is for special needs only – not preferences. Some special foods may incur a surcharge if they have to be ordered in separately.

**DRESS**

The dress for the conference is smart casual. Speakers are asked to wear business attire while on stage (no ties).

**GOODS AND SERVICES TAX**

GST is included in prices where indicated. The registration form – once completed – is considered a tax invoice and complies with all government requirements.

**INSURANCE**

Registration fees do not include insurance of any kind. Registrants and exhibitors are strongly advised that at the time you register for the conference and book your travel (if applicable) you arrange health and travel insurance of your choice. The policy should include loss of fees/deposits through cancellation of your participation in the conference, or through cancellation of the conference, loss of international/domestic air fares through cancellation for any reason, including airline or related services strikes within Australia, failure to utilise tours/transfers or pre booked arrangements due to airline delay, Force Majeure or any other reason, medical expenses (including sickness and accident cover), loss or damage to personal property, additional expenses and repatriation should travel arrangements have to be altered. The committee and conference managers cannot take any responsibility for any participant failing to arrange their own insurance and will not accept any liability for loss or injury.

**MEMBERSHIP**

If you are not a member of the Continence Foundation of Australia and would like more information, please go to continence.org.au/pages/membership.html to join online or to download a membership application form.

Professional membership is $85, students $45 (duration of course), individuals $35, libraries $40, corporate and organisations $320.

**PARKING**

ICC Sydney has two car park facilities located within the Exhibition Centre and ICC Sydney Theatre, comprising a total of 826 car spaces. Parking rates for a full day is $49. Additionally, there are a number of secure car parks located in and around Darling Harbour, the closest located at Harbourside Car Park, 100 Murray Street, Pyrmont. There are also, train, bus and ferry options. See page 4, or go to www.iccsydney.com.au/visit-icc-sydney/getting-to-icc-sydney for more information.

**PAYMENTS**

A tax invoice will be issued if full payment is not made at the time of registration. The balance of payment must be paid in full 14 days from the invoice date or 10 business days before the conference start date, whichever comes first. The organisers reserve the right, without notification, to cancel outstanding accounts any time after 30 days from the date of issue of the tax invoice. If payment is not received prior to the conference, access will be granted only after full payment is made via credit card.
Conference Information

**PRIVACY STATEMENT**
The Continence Foundation of Australia collects your contact information to ensure your requirements as a delegate at the conference are met. This includes your name’s inclusion in a list of delegates of those attending the conference. Please contact the secretariat if you do not wish to appear on this list.

**REGISTRATION**
We aim to confirm registration within 48 hours. Please allow 48 hours if an email receipt is required and five days for a postal receipt. If you have not received confirmation within five days please contact the secretariat.

Our preferred method of confirming your registration is via email. Please ensure your email address is current. If your email is not available your confirmation will be posted. **Early bird registrations close Friday 6 October 2017.**

Full registration for members and non-members includes the Welcome Reception and an opportunity to attend the conference Gala Dinner at a discounted price. It also includes; morning and afternoon tea and lunches as per the program, conference satchel (cannot be guaranteed if registration is received after 25 August), admission to all plenary sessions and the trade exhibition.

Day registrations do not include any social functions.

**PAYMENT OF FEES**
Payment of fees must accompany all registrations and may be made by cheque, direct deposit or credit card. However, a faxed registration is accepted as a firm booking and payment must be made within 10 working days. If an early bird discount is claimed and payment is not received by the due date, the registration will convert to the normal fee.

**SOCIAL FUNCTIONS**

**Welcome Reception**
An informal get-together after sessions on Thursday to relax and catch up with friends and colleagues. This function is included for all full-registered delegates. Guest tickets can be purchased using the registration form. Dress is smart casual. This function will be held at the ICC Sydney.

**Conference Gala Dinner**
The Conference Gala Dinner will be held onsite at the ICC Sydney, Parkside Ballroom. Dress is cocktail/smart casual. The dinner is optional but supported by the conference. Full delegates only may purchase a ticket at the reduced price of $125. All other tickets will cost $155 each.

**DIRECTIONS AND PUBLIC TRANSPORT**

**Bus**
ICC Sydney has its own bus stop. Bus routes 389 and 501 stop at Harris Street near Allen Street – a 10-minute walk from ICC Sydney.

**Trains/Light rail**
A short walk from Central or Town Hall will take you directly to Darling Quarter, Tumbalong Park and Sydney Visitor Centre. Town Hall and Central Stations are a 10-minute walk from ICC Sydney.

The Light Rail travels right through a number of Darling Harbour stations including ICC Sydney’s stops, Convention Centre and Exhibition Centre. The Light Rail starts at Central Station in the CBD and travels to Dulwich Hill in the inner west.

**Taxis/Water Taxi**
The best taxi drop off and pick up locations include the new Iron Wharf Place next to Harbourside Shopping Centre and Zollner Circuit on the Southern end of ICC Sydney Theatre, both accessed via Darling Drive.

A Water Taxi is a great option for getting to and from Darling Harbour. Water Taxi’s depart from The Rocks, Circular Quay, The Opera House and Luna Park.

---

**Disclaimer**
The information in this brochure is correct at the time of printing. The committee reserves the right to change without notice any part of the program and the speakers. The Continence Foundation of Australia and/or its agents will not be liable for any alterations to the program and/or speakers. The conference organisers reserve the right to change activities, topics and presenters when necessary. The organisers shall not be liable for any loss caused by the cancellation of the conference where such cancellation is due to Force Majeure.
### Registration form / Tax invoice

#### 26th National Conference on Incontinence

Online registration is available at: www.securerregistrations.com/CFA2017

Please complete and return with payment. Use a separate form for each delegate.

- **Dr | Prof | Mr | Mrs | Ms**
- **Given Name:**
- **Surname:**
- **CFA/UGSA M’ship No:**
- **Preferred name badge:**
- **Organisation:**
- **Profession:**
  - Nurse (type)
  - Physiotherapist
  - Doctor
  - Other
- **Mailing Address:**
  - Home
  - Work
- **Post Code:**
- **Phone:**
  - Work
  - Fax
  - Mobile
- **E-mail:** (print clearly)
- **Vegetarian**
- **Vegan**
- **Dairy free**
- **Gluten free**
- **Allergies**

Please contact the conference secretariat if you have any other dietary requirements. Some diets may incur a surcharge.

### DELEGATE REGISTRATION

Please tick ✓ (prices incl. GST)

<table>
<thead>
<tr>
<th>WORKSHOPS</th>
<th>Please tick ✓ (optional)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEMBER</strong></td>
<td><strong>NON MEMBER</strong></td>
</tr>
<tr>
<td>Early Bird</td>
<td>After 6 October</td>
</tr>
<tr>
<td>Full Registration</td>
<td>$600</td>
</tr>
<tr>
<td>Thursday Registration</td>
<td>$340</td>
</tr>
<tr>
<td>Friday Registration</td>
<td>$340</td>
</tr>
<tr>
<td>Saturday Registration</td>
<td>$210</td>
</tr>
</tbody>
</table>

### WORKSHOPS

Please tick ✓ (optional)

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>WS1</strong> TRIPLE P – Practical, Prolapse, Pessary: a hands on practical workshop for vaginal devices for prolapse and urinary incontinence. Limited to 16 participants. Offsite at St Georges Hospital, bus return travel included. 8.30am – 12.30pm $140</td>
</tr>
<tr>
<td><strong>WS2</strong> Modern physiotherapy management of the post prostatectomy patient (transperineal ultrasound workshop) 8.30am – 12.30pm $100</td>
</tr>
<tr>
<td><strong>WS3</strong> Life on the run: low anterior resection syndrome, management of faecal incontinence 8.30am – 12.30pm $70</td>
</tr>
<tr>
<td><strong>WS4</strong> An interdisciplinary approach to managing paediatric incontinence 8.30am – 12.30pm $70</td>
</tr>
<tr>
<td><strong>WS5</strong> Vaginal and digital rectal examination. Limited to 30 participants. Offsite at St Georges Hospital, bus return travel included. Registered nurses only 1.30pm – 4.00pm $140</td>
</tr>
<tr>
<td><strong>WS6</strong> Pelvic floor ultrasound Imaging 1.30pm – 5.00pm $100</td>
</tr>
<tr>
<td><strong>WS7</strong> Urodynamics and cystoscopy 1.01: The mysterious world of cystoscopy and urodynamic studies revealed! 1.30pm – 5.00pm $70</td>
</tr>
<tr>
<td><strong>WS8</strong> An overview of bowel dysfunction in children 1.30pm – 5.00pm $70</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>THURSDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BS1</strong> Personalising continence care (sponsored by Abena) 7.00am – 8.15am No charge</td>
</tr>
<tr>
<td><strong>BS2</strong> Catheter selection and prescription: What the nurse needs to know (sponsored by Brightsky Australia) 7.00am – 8.15am No charge</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BS3</strong> Big dilemmas and new developments in Nocturia (sponsored by Ferring Pharmaceuticals) 7.00am – 8.15am No charge</td>
</tr>
<tr>
<td><strong>BS4</strong> Male intermittent catheterisation: the evidence, best practice and what’s new (sponsored by Coloplast) 7.00am – 8.15am No charge</td>
</tr>
</tbody>
</table>
Registration form / Tax invoice
26th National Conference on Incontinence

CONFERENCE FUNCTIONS

CATERING: Welcome Reception (Included for full delegates. Please tick ✓) □ Attending □ Not Attending
Extra Welcome Reception Tickets □ tickets @ $95 $ ____________
Discounted Conference Gala Dinner Ticket (full delegates only) □ tickets @ $125 $ ____________
Additional Conference Gala Dinner Tickets □ tickets @ $155 $ ____________

CONFERENCE FUNCTIONS SUB-TOTAL $ ____________

ACCOMMODATION

Full payment is required with booking. (Prices are per room / per night)
Check in date: ____________ ETA: ____________ check out date: ____________ No. of nights: ____________
Sharing with: ____________
Your preferred room configuration: □ Single □ Double □ Twin □ Triple

OAKS GOLDSBROUGH
□ Studio □ 1 king bed $259 $ ____________
□ 1 Bedroom apartment □ 1 queen bed $272 $ ____________
□ 2 Bedroom apartment □ 1 queen bed or □ 1 king bed or □ 2 single beds $439 $ ____________
Additional person rate of $44 per rollaway (subject to availability)

SEASONS
□ 1 Bedroom Deluxe □ 1 king bed or □ 2 single beds $285 $ ____________
□ 1 Bedroom Premier □ 2 king beds or □ 4 single beds $305 $ ____________
Additional person rate of $55.00 per rollaway (subject to availability)

PARK ROYAL
□ Harbour King view $390 $ ____________
□ Superior King room $350 $ ____________

NOVOTEL DARLING HARBOUR
□ City view Queen $449 $ ____________
□ Pyrmont view Queen $419 $ ____________

IBIS
□ Darling Harbour view $409 $ ____________
□ Pyrmont view $369 $ ____________

HOLIDAY INN DARLING HARBOUR
□ Standard Room $315 $ ____________

ACCOMMODATION SUB-TOTAL $ ____________

PAYMENT DETAILS

□ VISA □ MASTERCARD We do not accept Amex or Diners
Name on Credit Card: ____________
Card Number: ____________ Expiry Date: ____________ CCV: ____________ Signature: ____________

□ Direct deposit
Bank: ANZ | Branch: Carlton | BSB: 013259 | Account no: 905001139
Account name: Continence Foundation of Australia National Conference account | Reference: CFA17 + Your surname
Please forward a proof of transfer with registration form to tdf@conferencelink.com.au or fax to 07 3851 1427

□ Cheque enclosed: Please make cheques payable to: Continence Foundation of Australia and mail to:
Conference Link, PO Box 42, FERNY HILLS DC, QLD 4055

PAYMENT SUMMARY
Registration $ ____________
Workshops $ ____________
Conference Functions $ ____________
Accommodation $ ____________
TOTAL PAYABLE $ ____________

□ PRIVACY ACT: Please tick ✓ if you do not wish to have your name and organisation included in the list of delegates

Please fax your completed form to Conference Link: (07) 3851 1427 or email to tdf@conferencelink.com.au
Save the date
27th National Conference on Incontinence
The latest in incontinence research and practice

Hobart 2018
Hotel Grand Chancellor
Register online at
secureregistrations.com/CFA2017