Continence Foundation of Australia
South Australian Branch

3rd Annual Conference
Friday May 26, 2017

Delegate Registration Brochure
Dear Colleagues

The Continence Foundation of Australia South Australia Branch is very pleased to be able to present this one day State Conference for South Australian health professionals with a special interest in continence.

The 3rd Continence Foundation of Australia, SA Branch Conference, on May 26 2017 is shaping up to be a stimulating day with something for everyone. Invited speakers are from the disciplines of Gynaecology, Urology, Colorectal Surgery, Nursing, Physiotherapy and Dietetics, demonstrating the learning opportunities available to members of the multidisciplinary community of CFA.

The Adelaide Oval is a great venue and we look forward to networking opportunities with trade representatives and other health professionals, and to some surprises too!

See you there!

Kind Regards

Annette Innes

President
Continence Foundation of Australia – South Australia Branch

Organising Committee

Annette Innes President SA Branch
Kathryn Warr Vice President SA Branch
Fiona Roney Treasurer
Nicola Bennett
Ashani Couchman
Rosalie Donhardt
Yana Glaros
Claire Osterstock
Di Semmler
Ian Tucker
Ailsa Wilson-Edwards
Scott Wood

Invitation
To Attend
**Dr Chris Barry**
Chris qualified from Guy’s Hospital, London many years ago and spent most of his training in Bristol and the South-West of England. He worked at the Institute of Urology, under Paul Abrams and moved to South Australia 20 years ago, then to Townsville and James Cook University, as a Senior Lecturer in Obstetrics and Gynaecology. His particular interest is in Urogynaecology and he has recently been awarded his PhD on the use of 4-dimensional ultrasound and its application for the assessment of women with pelvic floor dysfunction. He is currently on leave from the Queen Elizabeth Hospital and holds an Honorary title of Visiting Lecturer at the University of Adelaide. In addition he was President of the South Australian branch of the CFA and started the popular Pelvic Female Anatomy Course for doctors.

**Rosalie Donhardt**
Rosalie Donhardt has worked at the SA Continence Resource Centre for over 10 years. The South Australian Continence Resource Centre is a state wide continence information and advisory service located at the Independent Living Centre. The Continence Resource Centre is funded by the Department of Communities and Social Inclusion and is affiliated with the Continence Foundation of Australia. Rosalie has been involved in working parties, projects and assisted with the development of position papers relating to continence issues.

**Dr Liz Murphy**
Liz Murphy is a colorectal surgeon, who operates in private practice in the Centre and the North of Adelaide. Liz has been Head of the Colorectal Unit at the Lyell McEwin Hospital since 2012, and has an active interest in both teaching and research, having completed a PhD in colonic motility at Flinders Medical Centre. Liz is involved in many roles for SA Health, the Royal Australasian College of Surgeons and the Lyell McEwin Hospital. She is currently a member of the South Australian Clinical Senate. Liz's clinical interests include optimising outcomes in surgical management of rectal cancer and inflammatory bowel disease, and management of complex pelvic floor disorders including faecal incontinence and obstructed defecation. Liz's current research projects include studies examining differences in cancer in men and women, studies examining the role on intravenous iron preoperatively in colorectal cancer patients and a project examining media utilisation in colorectal cancer patients.
Trish Neumann
Patricia Neumann is a Specialist Women’s Men’s & Pelvic Health Physiotherapist and a Fellow of the Australian College of Physiotherapists. She has a PhD on the topic of female stress urinary incontinence from University of South Australia and is a senior adjunct lecturer at UniSA. Trish has been working exclusively in the area of pelvic floor dysfunction for the last 20+ years and her professional interests include research into various aspects of pelvic floor dysfunction and teaching. She has a particular interest in pelvic pain and consults to The Adelaide Pelvic Pain Network, and Flex Rehabilitation clinic.

Dr Samantha Pillay
Dr Samantha Pillay is a Urological Surgeon. A 1992 graduate of the University of Adelaide Medical School, Dr Pillay became the first woman to complete surgical training in Adult Urology in South Australia. She undertook further training in the sub-specialty of Female Urology and Neurourology in Melbourne and worked in Christchurch, New Zealand before returning to Adelaide to start Continence Matters.

She served as the Chair of the Female Urology Special Advisory Group for the Urological Society of Australia and New Zealand from February 2007 to June 2013 and the President of the South Australian branch of the Continence Foundation of Australia from February 2011 to November 2014.

At Continence Matters, located within Calvary Hospital North Adelaide she provides;
- Comprehensive evaluation with Fluoroscopic Urodynamics.
- Specialist Urology Assessment of all male and female bladder and voiding problems, incontinence and prolapse.
- Management of complex incontinence cases including complications from or failed previous surgery.
- Surgical and Non-Surgical Treatment Options.
Sonia Scharfbillig
Sonia Scharfbillig is an Adelaide physiotherapist with a special interest in pelvic floor health. She has a Master’s degree in Musculoskeletal and Sports Physiotherapy and an equivalent title in Women’s, Men’s and Pelvic Health Physiotherapy. The two postgraduate qualifications are a harmonious combination for patients with pelvic floor dysfunction. Sonia runs Pelvic Floor Health in Walkerville and consults monthly at Henley Beach and Port Lincoln. She is part of the Adelaide Pelvic Pain Network, a multidisciplinary group of health professionals who strive to improve the quality of life of women and men with chronic pelvic pain. Sonia is also a committee member of the SA Australian Physiotherapy Association’s Women’s, Men’s and Pelvic Health Physiotherapy Group.

Stelios Sioutis
With experience in primary healthcare, 2 research publications in leading nutrition journals, a quality education at Australian Universities and a commitment to professional development. Stelios has a notable ability to challenge an individual's dietary choices and engage them into behaviour change talk. Since 2011, he has been consulting with individual clients in General Practice rooms across Adelaide, working regularly with clients managing a chronic disease to improve their metabolic health from a lifestyle perspective. Stelios has specialised knowledge in the dietary management of eating disorders and works closely with specialised psychologists to contribute to the recovery of both adolescents and adults living with anorexia nervosa, bulimia nervosa and binge eating disorder. He has also developed a keen interest in the numerous health benefits of the Mediterranean dietary approach and uses his Greek cultural heritage as an experiential tool to educate clients with Diabetes and Heart Disease to achieve better metabolic health. He also supports clients with the dietary management of food intolerances whereby diagnosis of the intolerances and establishment of a nourishing eating plan can be achieved.

Dr Michael Whishaw
Consultant Physician in Aged Care Medicine since 1985, and at Royal Melbourne Hospital since 1990. Consultant Continence Physician since 1985, and at Royal Park Continence Service at Royal Melbourne Hospital since 1990. Consultant Continence Physician with Royal Melbourne Hospital Urology Department since 1992. Foundation Member of Continence Foundation of Australia, and a past National Vice-President. On the Scientific Organising Committee of 5 CFA National Conferences on Incontinence, including as Chair in 2011. Special interests in incontinence in older adults, nocturia, urodynamics and neurogenic bladder.
VENUE: Ian McLachlan Rooms
Adelaide Oval

REGISTRATION INFORMATION:
We endeavour to confirm registration within 48 hours. Please allow 48 hours if an email receipt is required and 5 days if a postal receipt is required. If you have not received confirmation within 5 days please contact the secretariat.
Our preferred method of confirmation of your registration is e-mail. Please ensure your e-mail address is current. If e-mail is not available, your confirmation will be posted.

Deadline for Early Bird Registration – 28th of April 2017

PAYMENT OF FEES:
Payment of fees must accompany all registrations and may be made by cheque or direct deposit. However, a faxed registration is accepted as a firm booking and payment must be made within 10 working days.
If ‘Early Bird’ is claimed and if payment is not received by the due date, the registration will convert to the normal fee.

INSURANCE:
Registration fees do not include insurance of any kind. Registrants and exhibitors are strongly advised that at the time you register for the conference and book your travel (if applicable) you arrange health and travel insurance of your choice. The policy should include loss of fees/deposits through cancellation of your participation in the conference, or through cancellation of the conference, loss of international/domestic air fares through cancellation for any reason, including airline or related services strikes within Australia, failure to utilise tours/transfers or pre-booked arrangements due to airline delay, Force Majeure or any other reason, medical expenses (including sickness and accident cover), loss or damage to personal property, additional expenses and repatriation should travel arrangements have to be altered. The committee and conference managers cannot take any responsibility for any participant failing to arrange their own insurance and will not accept any liability for loss or injury.

PRIVACY ACT:
If you DO NOT wish to have your details included in the list of delegates, please contact the Conference Secretariat.
TRADE EXHIBITION
The industry exhibition is an integral part of our conference and we welcome our supporters.

DIETARY REQUIREMENTS
We will endeavour to accommodate special dietary needs. Please indicate on the Registration Form if you require special meals i.e. vegan, vegetarian. Also advise if you have an allergy to any foods or preparations.

PLEASE NOTE: this is for special needs only – not preferences.
ALSO NOTE: some special foods may incur a surcharge if they have to be ordered specially

CANCELLATIONS, REFUNDS & DISCLAIMER:
Cancellations received in writing before April 14th will attract an administration charge of $80. After that date there will be no refunds. Registrations can however, be transferred within an organisation if the secretariat is advised in writing. The information contained in this brochure is correct at the time of going to print. The committee and /or organisers reserve the right to change without notice any part of the program and the speakers.

DRESS
The dress for the conference is smart casual.

CONFERENCE SECRETARIAT
Please direct ALL enquiries & correspondence to:
Ty Fleming/ Conference Link / PO Box 42, FERNY HILLS DC QLD 4055
PH: 07 3851 4298 / FX: 07 3851 1427
Email: tdf@conferencelink.com.au
Public Transport
Patrons are strongly encouraged to take advantage of public transport when attending events at Adelaide Oval.
To assist in planning your trip to Adelaide Oval download the Adelaide Oval App. Timetables and routes are also available on the Adelaide Metro website.

Parking
Within the Adelaide CBD there are numerous car parking options. There is limited ticketed on street car parking nearby and some guests may choose to walk over the Riverbank Footbridge, entering from the Telstra Plaza on War Memorial Drive.

There are two Wilson Parking car parks located at Adelaide Oval.
Wilson East Car Park Entry via King William Road.
Take the lifts to Level 1 and follow the directional signage to your function room.
Enter through the Bob Quinn Gate and follow the directional signage to your function room

Charges
A special function rate of $14 per car, per day can be offered. To receive this rate guests will need to validate their ticket before they leave the function room, otherwise the public rate is $5.00 per hour. Please check with your function supervisor for the location of the validator.
Car parking is limited and available on first come, first serve basis.

Car Park Patrons now have access to a reduced rate in the North Car Park on non-event days: Wilson Parking offers a $10 Book-A-Bay Car Park.

Please note this reduced rate is only available in the North Car Park
For all pricing and terms and conditions, please visit wilsonparking.com.au
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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
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<tr>
<td>8:30</td>
<td>Registration</td>
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<tr>
<td>8:50-9:00</td>
<td>Conference Open</td>
<td>Rowan Cockerell</td>
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<tr>
<td>9:00-9:45</td>
<td>Nocturia Overview</td>
<td>Dr Michael Whishaw</td>
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<td>9:45-10:30</td>
<td>It’s Burning! Cystitis in Women- a common issue but what to do? Prevention and Treatment</td>
<td>Dr Chris Barry</td>
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<td>10:30-11:00</td>
<td>Morning Tea</td>
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<td>11:00-11:45</td>
<td>Management of Lower Urinary Tract Symptoms in the Elderly</td>
<td>Dr Michael Whishaw</td>
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<td>11:45 – 12:15</td>
<td>It’s not a UTI – what next?</td>
<td>Dr Samantha Pillay</td>
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<td>12:15 – 12:30</td>
<td>Continence Funding Schemes Update</td>
<td>Rosalie Donhardt</td>
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<td>12:30 – 1:30</td>
<td>Lunch</td>
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<td>13:30 – 14:00</td>
<td>Investigation and Management of Obstructive Defaecation</td>
<td>Dr Liz Murphy</td>
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<td>14:00 – 14:30</td>
<td>Is Diet a Factor?</td>
<td>Stelios Sioutis</td>
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<td>14:30 – 15:00</td>
<td>Afternoon tea</td>
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<tr>
<td>15:00 – 16:00</td>
<td>A case study based presentation on Chronic Pelvic Pain in Men And Women</td>
<td>Sonia Scharfbillig and Trish Neumann</td>
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DELEGATE DETAILS

Dr/Mrs/Ms/Mr/ Given Name ___________________________________ Surname ___________________________________

Profession ___________________________________ Organisation ___________________________________

Mailing Address (home) □ (work) □ ____________________________________________________________

State ____________________________ Post Code ____________________________

Phone Work ( ) ____________________________ Home ( ) ____________________________

Mobile ____________________________ E-mail (print clearly) ____________________________

Our preferred method of confirmation of your registration is e-mail. If e-mail is not available, your
confirmation will be posted.

Special Dietary Requirement: □ Vegetarian/Vegan (please circle) □ Gluten Free
□ Lactose Intolerant □ Coeliac
□ Other:_________________________ □ Allergy to:_________________________

REGISTRATION

(please tick)

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<td>$210</td>
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<td>□ $210</td>
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Registration: Includes: Morning tea, Afternoon tea and lunch as per the program, conference Handbook and
satchel.

PAYMENT DETAILS

□ Cheque for $__________ enclosed

Payable to: The Continence Foundation of Australia Ltd – South Australia Branch Account

□ Direct Debit, Details:

Name: Continence Foundation of Australia Ltd. South Australia Account

Please forward a remittance / proof of transfer to tdf@conferencelink.com.au or fax to 07 3851 1427

PLEASE RETURN COMPLETED REGISTRATION FORM TO:

Fax: 07 3851 1427
Email tdf@conferencelink.com.au
Mail: CFA SA Conference C/- Conference Link, PO Box 42, FERNY HILLS DC QLD 4055

Registration Form / Tax Invoice
Continence Foundation of Australia South Australia Branch  ABN: 17 655 363 801
Use a separate form for each delegate.
26th National Conference on Incontinence
International Convention Centre
Darling Harbour, Sydney
15-18 November 2017

The latest in continence research and practice
www.continence.org.au